About Continents

A continent is one of the seven main land areas on the Earth. The seven continents are Africa, Antarctica, Asia, Australia, Europe, North America, and South America. Each continent except Australia and Antarctica are made up of several countries. In some parts of the world students are taught that there are only six continents, as they combine North America and South America into one continent called Americas. Other experts use only six continents by combining Europe and Asia into a continent called Eurasia.